

# New Parent Guide



Developed by



**Your Child   Your Future   Your Choice**

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*Special thanks to Vaccine Choice Canada member, Ted Kuntz, for his volunteer work in developing and producing this guide.*

## Dear New Parent

*Congratulations on the creation of new life! This is an exciting and wonderful time. We wish you well on your journey of parenthood.*

*We trust you have come to this information because of your desire to know more and to make the best possible choice for the health of your new born child. We commend you on your commitment to making an informed decision and on your willingness to fully embrace the responsibility of parenthood.*

*We believe the decision of whether to vaccinate your new born child is one of the most difficult decisions you will be asked to make as a parent. We wish this decision wasn't so difficult. Unfortunately it is. The politicized nature of the vaccine debate and the lack of balanced reporting in the media make it difficult for parents to have access to sufficient information to make an informed choice.*

*Our purpose in putting this package together is to assist you in your decision. The media has a tendency to label individuals and organizations who question the safety of vaccines as "anti-vaccine". Our purpose here is not to be either for or against vaccination, but rather to give you information so you can reach your own conclusions and make your own decision as informed parents.*

*If you are like most parents today, you will be surprised and even shocked by the information contained in this guide. This information has, unfortunately, been withheld from the public by both the media and our medical establishment.*

*We share the same goal. We want you to have a healthy and safe child. **Vaccine Choice Canada** has developed this guide because we are concerned about the long-term safety of vaccines as currently prepared, as well as the effectiveness of the vaccine schedule as recommended by our government agencies and the pharmaceutical industry.*

*Ultimately the health and safety of your child is a decision that belongs to you – the parents. We encourage you to safe guard this decision and not to let anyone make this decision for you or take this decision away from you. Our wish is that you decide what is best for your child from a position of being well informed.*

***Vaccine Choice Canada** is a membership of parents like you who know your journey and understand how difficult this decision can be. If we can provide you with more information or assistance, please let us know.*

*Vaccine Choice Canada*

## Who Is Vaccine Choice Canada?

**Vaccine Choice Canada** — is a not-for-profit educational society. We are a group of parents who came together in response to the growing concern about the safety of our current vaccination program. Vaccine Choice Canada is a public resource committed to protecting children by informing parents of the components of vaccines, side effects, and possible long-term health effects of vaccination.

**Vaccine Choice Canada** is a national organization with members across Canada, many of whom have children who have been injured by vaccines and suffer a broad spectrum of vaccine reactions and injuries, including seizures, autism, neurological dysfunction, and even death.

### Mandate

Our mandate is to:

- **empower** families to make educated, voluntary, and informed decisions about vaccination
- **support** individuals in their right to health freedom
- **maintain** and further the individual's freedom from enforced medication

### What We Do

Our work is at the grassroots level. We communicate with parents on a parent-to-parent basis, helping to clarify their right to make voluntary, informed decisions about vaccines for their children. We respond to questions about vaccine risks, and help direct people to the numerous sources of information about vaccines and associated health problems.

We offer support and guidance to parents whose children have suffered adverse reactions and injuries from vaccines and help link people to resources and health practitioners who treat vaccine injuries.

We publish a highly informative newsletter twice a year with updates on the latest news and research on vaccines from around the world as well as an e-bulletin once a month that brings you timely news updates from around the world.

**Vaccine Choice Canada** maintains a website to provide a national and international overview of the vaccine issues with links to the many vaccine information consumer groups around the world. ([www.vran.org](http://www.vran.org))

## Protecting Your Baby's Health

New parents encounter confusing and even conflicting messages about health care choices for their new baby. This is especially true with regards to vaccinations. Aggressively promoted by the medical profession and the pharmaceutical industry, whether to vaccinate is one of the most challenging decisions faced by new parents today.

Sometimes an intuitive voice whispers a word of caution, raising a niggling doubt. We stop and ponder – maybe we should wait and gather more information. Our higher wisdom urges us to pay attention, to fine-tune our senses, to be cautious of what is approaching.



However, the fear that our child may contract one of the so called “*vaccine preventable*” diseases is so great, it can prevent parents from making an informed decision - one in which they thoughtfully weigh the benefits of any given vaccine with the risks of the vaccine. Most parents just want to *believe* that vaccines work. They don’t want to think a vaccine could cause permanent harm to their child.

We know that parents who vaccinate their children sincerely believe they are protecting their child from harm. They believe vaccines will provide a type of health insurance, shielding their child from disease. At **Vaccine Choice Canada** we think it is important that we push beyond using “belief” as the basis for the vaccine decision, and instead decide from a place of information backed by quality scientific evidence.

Edda West, Founder  
Vaccine Choice Canada

## Vaccines: Are They Safe?

The most important question for a parent to consider with regards to any vaccine is – *“Is this medical intervention safe?”* More and more evidence is being disclosed that challenges the claims that vaccines are safe and effective in promoting our children’s long-term health.

North American children are now the most vaccinated children on earth. Since 1980, Canadian vaccine schedules have more than doubled the types of vaccines given.

**Public health authorities now recommend 32 - 41 doses of 13 to 16 different vaccines** in the first 18 months alone. New Brunswick, the Northwest Territories and Nunavut start injecting babies at birth.

At the same time the rate of chronic childhood illnesses has increased substantially. Today 10% of Canadian children have one or more life threatening afflictions. In the last 25 years there has been huge increases in the following childhood illnesses:

- **Autism** – increased more than 200 times in the last fifteen years
- **Impact on Development** - Over 27% of Canadian children fall short on at least one measure of physical, emotional or cognitive development by age 5.
- **Attention Deficit Hyperactivity Disorder (ADHD)** – 10% increase
- **Learning Disability** – now affects 1 in 6 children
- **Severe Mood Dysregulation** (bipolar disorder) – affects 1 in 30 children
- **Ear Infections** – affects 50% of Canadian 2-3 yr olds
- **Allergies** – increased 6 fold since 1980
- **Anaphylactic Food Allergies** – doubled in the last decade
- **Eczema** – 1 in 5 children affected
- **Asthma** – 1 in 8 children affected
- **Obesity** – tripled since 1980
- **Juvenile Diabetes** – more than 100% increase since 1980

The medical establishment considers vaccines effective if they suppress a few targeted illnesses – but at what expense? An emerging body of evidence indicates that vaccines can and do damage a child’s developing immune system and brain, leading to life-threatening or debilitating disorders like autism, ADHD, asthma, peanut allergy, juvenile diabetes, or SIDS, death itself.

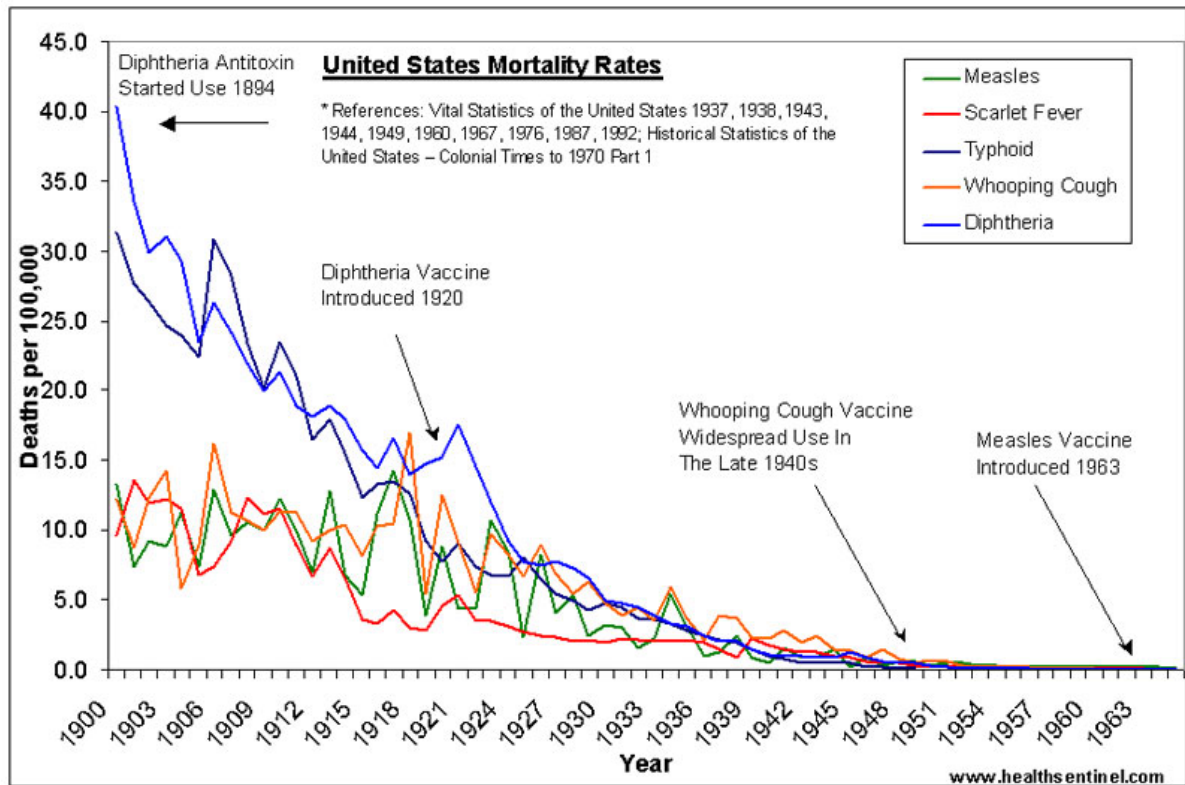
*For the first time in history...children are sicker than the generation before them.  
They’re not just a little worse off, they are precipitously worse off,  
physically, emotionally, educationally and developmentally.*

- Judy Converse, MPH, RD, LD

## Facts You May Not Know (adapted from the documentary, The Greater Good,)

1. The safety of the current childhood vaccine schedule has **never** been scientifically proven in large, long-term clinical trials.
2. Vaccine ingredients have **not** been tested for **safety** in the doses given to human infants either singularly or in combination for co-toxicity.
3. Vaccines contain **aluminum, mercury**, and other toxins. Research has shown chronic cognitive dysfunction, impaired immune function and autoimmune disease in humans following administration of these compounds. <sup>5-7</sup>
4. About 50% of flu vaccines contain **mercury** and many other vaccines still contain trace amounts of mercury. Mercury is a potent neurotoxin and is particularly damaging to the brain of a developing fetus or child.<sup>8</sup>
5. Vaccines can cause **encephalitis** (brain inflammation) and **permanent brain damage**.<sup>2, 3</sup>
6. The Vaccine Damage Compensation Plan in the United States has awarded more than **\$2.6 billion** to children and adults injured by vaccines. Canada does not have a Vaccine Damage Compensation Plan (outside of Quebec).
7. Drug companies testing new vaccines are allowed to use another **vaccine** or a substance containing **heavy metals** as a “placebo” control.<sup>9</sup> This is not a true placebo and undermines the credibility of vaccine safety claims.
8. The **same** federal health agencies responsible for developing, regulating and making vaccine policy are also in charge of monitoring vaccine safety. There is no independent body monitoring vaccine safety.
9. Vaccine safety is monitored using a **passive** reporting system in that it relies on the **voluntary** reporting by consumers and healthcare practitioners. There is no mandatory reporting of adverse vaccine events.
10. Vaccine induced immunity is **not permanent**. Infectious disease outbreaks regularly occur in fully vaccinated populations.
11. Even in provinces where vaccinations are mandatory, legal **exemptions** exist including medical, religious and philosophical exemptions. Exemptions vary by province.

## A Long Term Perspective



A large body of historical data shows that major declines in most major infectious diseases in the western world took place **before** the use of specific vaccines.

*“The decline in diphtheria, whooping cough and typhoid fever began fully fifty years prior to the inception of artificial immunization and followed an almost even grade before and after the adoption of these control measures. In the case of scarlet fever, mumps, measles and rheumatic fever there has been no specific innovation in control measures, yet these also have followed the same general pattern in incidence decline.”*

*“Claims about the historical life-saving impact of immunization programs appear to be assumptive and not factual.”*

- McCormick W.J., Archives of Pediatrics, Vol. 68, No. 1, January 1951

**Vaccines or no vaccines, without improving the standard of living, and particularly nutrition status, children will frequently succumb to infections, and have repeated relapses.**



# 14 Frequently Asked Questions

## 1) How many vaccines do children get? Has the number increased?

*In Canada, the number of vaccines recommended has more than doubled since 1980. **Public health authorities now recommend 32 - 41 doses of 13 to 16 different vaccines** in the first 18 months alone.*

***In the United States, the Centre for Disease Control recommended:***

*In 1983:*

- 11 doses of 4 vaccines by age 1
- 22 doses of 7 vaccines by age 6
- **23 doses** of 8 vaccines by age 18

*In 2014:*

- 26 doses of 9 vaccines by age 1
- 48 doses of 14 vaccines by age 6
- **70 doses** of 16 vaccines by age 18

## 2) Are vaccines safe?

*The truth is we don't know. Large, long-term clinical study comparing the medium and long-term health outcomes of vaccinated and unvaccinated groups of people has **never** been completed. Studies to evaluate vaccines generally last only a few weeks and focus on efficacy (whether the vaccine being studied stimulates the "desired" immune response in the blood) rather than safety.*

*Additionally, **no** study has been completed to evaluate the safety of giving multiple shots to children simultaneously, and the effect of this combined vaccine load on a child's development.*

*The ingredients used in vaccines given to human infants have **not** been evaluated in large, long-term clinical studies.*

***No** studies exist that determine what happens to the body's organ systems, the brain, the immune system or on the cellular level when the biochemical components that comprise a vaccine is given.*

*The **pharmaceutical** company developing the vaccine conducts the safety studies and then submits their results to the FDA for approval for licensure. The government does **not** conduct their own independent research to determine the safety of vaccines.*

***Large scientific gaps in the safety of vaccines remain  
and until those gaps are filled,  
the overall safety of vaccines is difficult to assess.***



### **3) What kinds of risks am I taking if I vaccinate my child?**

*Like all pharmaceutical products, vaccines carry risks. The National Childhood Vaccine Injury Act of 1986 (United States) acknowledged that vaccines cause injury and death. It established a process for resolving vaccine injury and death claims and provides financial compensation to those injured by vaccines. To date the National Childhood Vaccine Injury Compensation Program has paid out over 2.6 billion dollars in compensation due to vaccine injury and death.*

*Research has identified vaccines cause neurological damage including motor function deficits, cognitive impairment, and behavioral changes in mice given the aluminum in vaccines. <sup>2</sup> Research has also shown chronic cognitive dysfunction, impaired immune function, and autoimmune disease in humans following administration of these same compounds. <sup>3, 4</sup>*

*With vaccinations, we may be preventing curable illnesses in exchange for conditions that are largely untreatable and life long.*

### **4) How often do adverse vaccine reactions occur?**

*As stated above, large, long-term clinical trials comparing the health outcomes of vaccinated versus unvaccinated patients has **never** been done therefore this is difficult to assess the true extent of vaccine damage. Most vaccine safety trials last only a few weeks. As a result, reactions that occur outside of this time period are largely unknown or go unreported.*

*Unfortunately, the system to monitor vaccine reactions is a passive reporting system, which means that there is no required mandate to report vaccine injury. It is estimated that only between 1-10% of vaccine adverse reactions are ever reported.*

### **5) My doctor says that reactions as swelling, soreness, tenderness and a lump at the injection site, fever, fussiness, tiredness, and vomiting after vaccination are normal and nothing to worry about. Is this true?**

*While most of these reactions may seem benign on the surface, it is not known for certain what causes these reactions and whether they reflect a deeper problem.*

*We have interviewed many parents who report their child had “normal” reactions after a round of vaccines and then went on to develop a learning disability, allergies, ADHD, diabetes, seizures, and other types of chronic disease.*

## 6) Are all the ingredients in vaccines safe?

The list of ingredients in vaccines includes but is not limited to: **mercury, aluminum, formaldehyde, cells from aborted fetuses, cells from monkey kidneys, chicken embryos, viruses, antibiotics, yeast, Polysorbate 80, detergents, etc.** <sup>6</sup>

Some vaccines are made using tissue cultures: **monkey kidney, foetal calf blood, chick embryos, aborted human foetal lung tissue, and yeast. Other vaccines have genetically engineered or artificially fragmented active ingredients.**

Vaccine ingredients have **not** been tested for safety in doses given to human infants either singularly or in combination for co-toxicity.

**Mercury** - is a well-known neurotoxin and is particularly damaging to the brain of a developing fetus or child. <sup>9</sup>

**Formaldehyde** - has been classified as a known human carcinogen by the International Agency for Research on Cancer. <sup>12</sup>

**Aluminum** - Research documenting the damaging effects of aluminum to the brain and immune system continues to mount. <sup>2-4</sup>



## 7) Why do vaccine manufacturers use aluminum in vaccines? Is the aluminum in vaccines safe?

All vaccines have adjuvants. Adjuvants are substances added to vaccines to stimulate an immune response because without adjuvants, the vaccines do not work. Aluminum is the most commonly used adjuvant in vaccines.

*“Aluminum is an experimentally demonstrated neurotoxin and the most commonly used vaccine adjuvant. Despite almost 80 years of widespread use of aluminum adjuvants, medical science’s understanding about their mechanisms of action is still remarkably poor...*

*Experimental research, however, clearly shows that aluminum adjuvants have a potential to induce serious immunological disorders in humans. In particular, aluminum in adjuvant form carries a risk for autoimmunity, long-term brain inflammation and associated neurological complications and may thus have profound and widespread adverse health consequences”. <sup>13</sup>*

*- Lucija Tomljenovic and Christopher Shaw, Current Medicinal Chemistry*

## 8) Don't doctors know all there is to know about vaccines and their safety?

*Doctors are taught that vaccines are safe and effective but they are not taught how vaccines are manufactured, the components of vaccines, or the gaps in research. Doctors are told that vaccine side effects are rare, however **there are no large, long-term clinical trials comparing the health and well being of those vaccinated to those unvaccinated to back up these claims.** Doctors are not taught how to diagnose vaccine injury, nor are they taught how to treat vaccine damage.*

## 9) Aren't vaccines safer than getting the diseases?

*This is difficult to assess given we don't know the long-term health outcomes of the vaccine schedule. To make a true assessment of the benefit-risk ratio of any given vaccine, we need to know both the effectiveness of the vaccine and the risks associated with any given vaccine. Until we have this information, it isn't possible to make an informed choice. A number of vaccines have been withdrawn over the years due to the extensive and severe damage that caused by the vaccine.*

*In spite of the media hype that is common today, many diseases we now vaccinate for were considered fairly benign in past decades (flu, chicken pox, measles, mumps, rubella) or quite rare (hepatitis A and B, meningitis). The bottom line is it is difficult to make a statement assessing the relative risk/benefit when the true health outcomes and reactions are largely unknown.*

## 10) Aren't vaccines responsible for the low levels of mortality we see from infectious diseases in the developed world?

*Historical data informs us that most of the decline in infectious disease mortality occurred **before** the introduction of vaccines. It is widely believed that public health measures as access to clean water, food safety, closed sewage sanitation, and public education about hygienic practices are largely responsible for the decline in infectious diseases we experience today. 12*

*The fact is, infectious disease declined world wide even in countries that did not have mass vaccination programs.*

## 11) Do vaccines cause chronic illness?

There are numerous studies linking vaccines to:

- chronic cognitive dysfunction, behavioral changes, autoimmune disease, motor function impairment, eczema, learning disabilities, arthritis, asthma, autism and more. 2 - 4, 16 - 20

## 12) Do vaccines cause autism?

*While vaccine authorities assert there is no science linking mercury or vaccines to autism, there is abundant peer-reviewed scientific evidence connecting both to autism. A study by Gallagher and Goodman found that boys who received the birth dose of Hepatitis B containing mercury were nearly 3 times more likely to receive an autism diagnosis than those that did not receive the vaccine. They went on to study the three doses of Hepatitis B and found that boys who received the whole series were nearly nine times more likely to require special education services than boys who did not. <sup>16, 19</sup> A recent study by Tomljenovic and Shaw connected the rising incidence of autism to the use of aluminum in vaccines. <sup>21</sup>*

*Helen Ratajczak, PhD, a former senior scientist at a drug company, conducted a review of all the available autism research since autism was first described in 1943 in the Journal of Immunotoxicology. When asked if the science on autism shows no relationship between vaccines and autism she said: "The data show that when more vaccines were given, and were given at earlier ages, the incidence and prevalence of autism increased. There are many aspects of vaccines that cause autism." <sup>22</sup>*

*In August 2014 a senior government scientist with the US Center for Disease Control disclosed that the CDC has been fraudulently altering and manipulating data that shows scientific evidence of a statistically significant relationship between the age when an MMR vaccine is first given and autism. The whistleblower revealed widespread manipulation of scientific data and top-down pressure on CDC scientists to support fraudulent application of government policies on vaccine safety.*

*"We've missed ten years of research because the CDC is so paralyzed by anything related to autism. They're not doing what they should be doing because they're afraid to look for things that might be associated."*

*- CDC Whistleblower, August 2014*

## 13) Hasn't science proved there is no link between mercury and autism?

*A review by Catherine DeSoto, PhD of all the empirical research available on the mercury-autism link found that the body of research **actually favours** a link between mercury and autism by more than a 3-to-1 margin. Her findings are in stark contrast to the frequent reports that there is no scientific link. <sup>23</sup>*

## 14) Won't disease come back if we stop vaccinating?

*Disease incidence is a very complex issue determined by many variables such as general health and a robust immune system due to proper nutrition, and public health measures such as sewage management and drinking water systems. <sup>15</sup>*

*Moreover, disease outbreaks regularly occur in fully vaccinated populations so vaccination may not be as effective in preventing disease as generally believed. <sup>25-28</sup>*

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## Cause for Concern

### 1. Lack of Evidence of Safety

The Cochrane Collaboration Report on the MMR vaccine (May 2011) stated:

*“The design and reporting of safety outcomes in MMR vaccine studies, both pre- and post-marketing, are **largely inadequate**.*

*The evidence of adverse events following immunization with the MMR vaccine cannot be separated from its role in preventing the target diseases.*

*Currently, this (The Cochrane Collaboration) is the only review covering both effectiveness and safety issues of MMR vaccines.*

*The design and reporting of safety outcomes in MMR vaccine studies, both pre and post-marketing, **need to be improved** and standardized definitions of adverse events should be adopted.*

*We identified **no studies** assessing the effectiveness of MMR vaccine against clinical or laboratory-confirmed rubella.*

*The methodological quality of many of the included studies made it difficult to generalize their results.”*

**Vaccinations may cause  
more injuries than they prevent.**



## 2. Healthy Skepticism

*"Given the sheer volume of vaccine promotion and propaganda, coupled with the cozy relationship between government, industry and media, there are sufficient grounds for a healthy skepticism. Individual parents have become the last line of defense and their choices should be respected and preserved."*

*"The number of vaccines given to children has increased significantly over the last 70 years, from four antigens in about five or six injections in 1949 to as many as 71 vaccine antigens in 53 injections by age 18 today."*

*"In 1986 the National Vaccine Injury Act was passed (in the U.S.), prohibiting individuals who feel they have been harmed by a vaccine from taking vaccine manufacturers, health agencies, or health care workers to court. Who wouldn't love a business model with a captive market, no liability concerns, free advertising and promotion by government agencies, and a free enforcement mechanism from local schools? It is, truly, a drug company's dream come true."*

*"The federal vaccine injury court has to date paid \$2.6 billion dollars in compensation for vaccine injuries. And there is ample reason to believe that the incidence of vaccine injury is strongly underreported."*

- Dr. Sandy Reider, MD – a practicing primary care physician for 43 years.

## 3. Media Blackout

*"Severe constraints are placed on the media in the name of 'responsible journalism' with the result that the American public very seldom hears both sides of the vaccination story, and comes to have an unquestioning faith in vaccinations as our greatest hope against future imagined disease plagues. In this fear-based scenario, the questioning voice of reason is drowned out amid the hysteria surrounding the emerging 'killer infections,' which are such a favourite media topic. The propagation of fear by the media and by its sources in the public health industry has resulted in a growth of power in this industry far beyond the usual checks and balances of our democracy."*

- Dr. Philip F. Incao MD (Gave Testimony re. Hepatitis B Vaccine, Ohio, 1999)

*"You mentioned autism in your article, a developmental disorder that has no connection with vaccinations. That is a cause for immediate rejection of a submitted article on vaccinations, because (our publication) does not want to contribute to the misinformation about autism and vaccinations. We are definitely not interested in articles attempting to link vaccinations with autism or other developmental disorders."*

- John Moffett, Managing Editor, OpEdNews



*"We and our children have been and are the victims of a carefully orchestrated, programmed propaganda campaign in which maximum publicity is repeatedly given to **rare** complications from one of the childhood diseases while actively **suppressing** the cases of morbidity and death caused by vaccines. This active suppression is used to quietly terrorize any professional who does honest research and reports negative or adverse effects from mandated vaccines."*

- Dr. Thomas Stone, MD Pediatrician

*"The mainstream media doesn't like articles that question vaccines -- there's a de facto blackout in North America on such articles."*

- private correspondence with a National newspaper columnist

*"I never imagined myself in this position, least so in the very beginning of my Ph.D. research training in immunology. In fact, at that time, I was very enthusiastic about the concept of vaccination, just like any typical immunologist. However, after years of doing research in immunology, observing scientific activities of my superiors, and analyzing vaccine issues, I realized that vaccination is one of the most deceptive inventions that science could ever convince the world to accept."*

- Tetyana Obukhanych, author of the Vaccine Illusion

Ph.D. in immunology from Rockefeller University, New York, NY

*"You and I are on the same page, but in order to maintain my business and stay in my profession I have to keep my mouth shut so as not to incur the wrath of the medical profession and my Pharmaceutical society, which are happily ringing up the \$\$\$\$ and giving these media driven injections. This is sick. Keep up the good work at least you can speak up. It's all about the money."*

- Registered Pharmacist (who wishes to remain anonymous)

#### **4. One Size Fits All**

Vaccinations are given indiscriminately. There are no tests to determine which children are likely to respond adversely to vaccinations. Little concern is given to health and family health history, and underweight and premature babies are routinely given the same dosage using the same schedule as babies of normal weight.

Unlike other medications, vaccines are administered using a one-size-fits-all policy regardless of age, weight, family history, or previous reactions.

## Dear Vaccine Advocate

by Ted Kuntz M.Ed.

*I appreciate your intention.*

*We share the same intention – to have healthy children.*

*What we don't share is the same level of confidence in the safety of the mass vaccination program.*

*I share your desire to have effective ways to protect our children from illness.*

*Unfortunately, the current mass vaccination program is more 'faith based' than 'science based'; more hope than evidence.*

*I wish this wasn't the case, but it is.*

*NO\_vaccine has successfully demonstrated safety in a long-term clinical trial that compares a vaccinated population with an unvaccinated population.*

*Shocking, but true.*

*Today, one in five children have a chronic health condition – autism, diabetes, cancer, ADD, asthma, allergies, or a compromised immune response.*

*Are vaccines responsible?*

*We don't know. We should know. We should be able to know whether vaccinated children are healthier and safer than unvaccinated children. But we don't.*

*Why don't we know?*

*I suggest it is because we don't want to know. We just want to believe in the safety and effectiveness of vaccines.*

*Many years ago a colleague was pregnant. I offered to share with her the information I have on childhood immunizations to assist her in making her decision on whether to vaccinate her new born child. Her response – "No thanks. I just want to believe they work."*

*The truth is the mass vaccination program is an uncontrolled experiment. Most vaccine trials compare a vaccinated population with another vaccinated population. When the vaccine manufacturers state that the vaccine being tested shows no higher incidence of autism, diabetes, ADD, etc., they are not comparing this data with an unvaccinated population. They are essentially comparing their product with themselves.*

*This is not good science. This is not ethical science. This is not responsible science. In fact, this is not science.*

*We need to admit that the mass vaccination of our children is an experiment. And we must have the courage and the integrity to allow the data to inform us whether vaccines are safe and effective and whether the program is working or not.*

*The number of vaccines our children are being exposed to is growing exponentially. And no one knows the impact this increased vaccine load is having on our children and their development. This is irresponsible medicine.*

*Currently there is a movement to deny parents the right to choose what medical treatments they will subject their healthy child to. This movement wants to remove the right of parents to choose. They want government and the pharmaceutical industry to decide what will go into our children's bodies and when.*

*These draconian measures suggest to me that governments and the pharmaceutical industry are growing increasingly nervous. These measures are a means to stem the loss of confidence and lack of trust that is growing amongst parents. You wouldn't need to force vaccinations onto our children if there was compelling evidence of effectiveness and safety.*

*Unfortunately there is not compelling evidence of effectiveness and safety.*

*Actually there is no evidence of long-term safety.*

*Until there is, I'm not ready to subject more of my children to this uncontrolled experiment.*

*- Ted Kuntz's son, Joshua, was permanently injured by the DPT shot at 5 months and developed an uncontrolled seizure disorder. He requires 24 hour care.*

## The First Two Years of Life

The first two years are the most vulnerable in your young child's life. The last trimester of pregnancy to two years of age is the time of rapid brain growth. During this time specific phases of brain development occur and the immune system begins to mature. And, it is during these vulnerable first few months that the majority of vaccines are injected into a child.

Long-term studies comparing the overall health outcome of vaccinated children with the health of unvaccinated children have not been done. Nor has it been proven safe to inject an infant with complex viral/bacterial particles, foreign proteins & DNA along with harsh chemical adjuvants, which artificially "turn on" and manipulate immune response. There is growing concern that environmental toxins and multiple vaccines are likely at the root of the current epidemic of neuro-developmental disorders we see in children today.

While mainstream medicine aggressively promotes the vaccination of all babies as the most important disease preventive measure, it fails to inform parents that vaccines are **a class of drugs, which carry the risk of injury and death**. Vaccines can trigger a range of neurological and immunological injuries, which often don't become apparent until weeks or months later. Parents are not told that these injuries have increased dramatically in the last twenty years along with the huge increase in the number of vaccines that have been added to the early childhood vaccine schedule.

Parents are not told that the explosion of autism spectrum disorders (ASD), ADHD & behaviour disorders, the epidemic of allergic diseases which include asthma, allergies, eczema and life threatening anaphylaxis, diabetes and other degenerative diseases have also increased dramatically as the number of vaccines have increased. Allergic diseases, including asthma are the endpoint of a damaged and malfunctioning immune system. They don't tell you there has been a precipitous decline in children's health – and that **children are less healthy today than in previous generations**.



The doctors and nurses who routinely vaccinate children are not telling parents that the medical profession has very little understanding of how the infant immune system works in the first six months of life. Nor are they informing parents that multiple vaccines given too early in life may interfere with the normal development of the brain and immune system.

The infant immune system and brain are uniquely different from that of an older child or adult, and are particularly vulnerable to toxic assault. A pressing question that has not adequately been addressed by medicine is whether multiple vaccines injected during critical developmental phases of the brain and immune system alter normal development - the first two years of life being the time of accelerated brain growth and immune system maturation.

### **Brain Development and “Windows of Susceptibility”**

“Windows of susceptibility” are critical phases in brain development, which occur during the first two years.

*“Exposures at critical periods of development - notably during embryogenesis, fetal life and infancy - can result in irreversible damage to growing nervous systems and affect emerging behaviour patterns, cause immune dysfunction, and have serious reproductive effects. If a toxic exposure occurs during critical growth stages, the system affected can sustain permanent damage.”* These critical periods of development are thought of as ‘windows of susceptibility’. (2)

These ‘windows of susceptibility’ to neurotoxic effects are broad because age-related development of the brain and nervous system extends from fetal stage into adolescence. Damage to the “wiring” process of the brain is thought to underlie such permanent adverse effects as cognitive disability, developmental language disorders, learning disabilities, motor disorders, effects on intelligence and behavioural disorders, attention deficits and sensory abnormalities. (2)

We know that cellular structures change so rapidly during embryonic and fetal growth that a toxic exposure at the wrong moment can permanently damage further development. We are all familiar with the known effects of alcohol if taken during pregnancy. The same principle is true with the neurotoxins contained in vaccines. Small doses of neurotoxins during critical periods of brain development can alter those crucial neural pathways forever.

*“One mistake early on, and the brain may be forever changed”*

- Dr. Landrigan, Chairman, Preventive Medicine,  
Mt. Sinai School of Medicine.

Canada's Institute of Child Health in Ottawa, stresses that the **environment** must be viewed as the "ultimate health determinant". *"The fact that the endocrine and immune systems and the developing brain are susceptible to these ubiquitous pollutants [lead, PCBs and methylmercury, etc.] must be viewed with major concern."* (2)

But curiously, child health experts limit their focus to toxic substances children are exposed to from the **external** environment, i.e. from food, air, and water. They fail to take into account the impact of the most obvious and common source of chemical/biological stressors the baby's neurological system must deal with - multiple (and increasing) vaccines containing lab altered pathogens, chemical adjuvants which manipulate immune response and various foreign proteins & DNA particles, injected into the child's fragile **internal** micro-environment during critical phases of brain and immune system development.

### **Aluminum is Hazardous to Normal Brain Development**

A close examination of vaccine ingredients leaves little doubt that we are exposing our children to substances that have great potential to damage the brain and impair immune function.

A case in point is **aluminum** – a common vaccine ingredient. Aluminum is used as a vaccine adjuvant to ramp up immune response to vaccine antigens. Aluminum is a heavy metal and a well-established neurotoxin. The highest quantities of aluminum are injected into the infant's fragile micro-environment during the most rapid brain growth in the early months of life.

*"No clinical studies have been conducted to establish the safety of aluminum adjuvants in infants and children"*

*"Due to their low body weight children are more susceptible to hazardous chemicals than adults. Furthermore, the developing nervous system of a child is more vulnerable to neurotoxic insults than that of an adult. Thus, the earlier in life a vaccine is given, the greater the potential for harming the nervous system."* (3)

- neuroscientists Chris Shaw PhD and Lucija Tomljenovic PhD.



Dr. Boyd Haley  
Toxicologist  
Retired Professor  
of Chemistry,  
University of  
Kentucky

"A single vaccine given to a six-pound newborn is the equivalent of giving a 180-pound adult 30 vaccinations on the same day."

Prevent Disease...

Shaw and Tomljenovic have calculated the amount of aluminum injected into young babies in the first 15 months of life. In the first 2-3 months, babies receive the highest amount of aluminum per body weight from vaccines - 270 micrograms per kilogram of body weight per day (ug/kg/bw/day). Thereafter, they calculate that infants at 4, 6 and 15 months also receive very high amounts of vaccine-derived aluminum, ranging from 110.3 to 177.6 micrograms ug/kg/bw/day. (3) Two month old babies in Canada, the U.K., U.S and Australia are exposed to **49 to 54 times** the current safety limit for aluminum exposure.

**FDA maximum 'safe limit' of aluminum permitted to be administered 'parenterally' (by intravenous or injection) based on infant weight according to the FDA:**

8 pound, healthy baby	18.16 mcg
15 pound, healthy baby	34.05 mcg
30 pound, healthy toddler	68.1 mcg
50 pound, healthy child	113 mcg

source: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3509507/>

**The following is the amount of aluminum in the vaccines that are routinely injected into children in Canada:**

<b>DTaP</b> (diphtheria, tetanus, and pertussis):	<b>170-1500 mcg</b>
<b>Adacel:</b> TDaP (Tetanus, diphtheria, acellular pertussis):	<b>1500 mcg</b>
<b>Hepatitis A:</b>	<b>250 mcg</b>
<b>Hepatitis B:</b>	<b>250 mcg</b>
<b>Hib:</b> (for meningitis; PedVaxHib brand only):	<b>225 mcg</b>
<b>HPV Vaccines:</b> Gardasil:	<b>225 mcg</b>
Cervarix:	<b>500 mcg</b>
<b>Infanrix Hexa</b> (DTaP, Hepatitis B, Polio, Hib:	<b>120 mcg</b>
<b>Menjugate</b> (meningococcal C):	<b>1000 mcg</b>
<b>Meningitec</b> (meningococcal C):	<b>125 mcg</b>
<b>Pediacel:</b> (DTaP-Polio-Hib combination)	<b>1500 mcg</b>
<b>Pediarix:</b> (DTaP-hepatitis B-polio combination):	<b>850 mcg</b>
<b>Pentacel:</b> (DTaP-Hib-polio combination):	<b>1500 mcg</b>
<b>Prevnar*13</b> (Pneumococcus):	<b>125 mcg</b>
<b>Quadracel:</b> (DTaP-polio combination):	<b>1500 mcg</b>

## Aluminum & Autism

Shaw and Tomljenovic's research has found that aluminum burden from vaccines highly correlates with increased prevalence of ASD (autism spectrum disorders) in western countries. In the U.S. the greatest annual increase of ASD ***“was observed in 1992, when ASD cases rose by 189%. This event was closely preceded by the addition of 6 doses of two new aluminum containing vaccines to the immunization schedule, 5 of which are administered in the first 4 months of life.”***

It is important to stress that only 0.25% of aluminum from dietary sources is absorbed into systemic circulation, whereas aluminum from vaccines is absorbed at nearly 100% efficiency!

In other words, the body has difficulty eliminating the aluminum burden it receives from vaccines. *“Thus, vaccine-derived aluminum would have a much greater potential to induce neurological damage than that obtained through diet”,* and as already emphasized, *“they are administered frequently during the most critical period of brain development.”* (3)

Across the board, ‘public health’ institutions exhibit a willful blindness while purporting to act for the greater societal good. By excluding a discussion of the biochemical/biomedical impact of multiple vaccines on the developing brain, and immune system, they fail in their duty to critically evaluate the **entire** picture of complex multi-factoral toxicities contributing to the collapse of children's health today.

## Conclusion

The science is already in place which shows that excessive vaccination over stimulates the immune system, which in turn hyper stimulates the brain's immune activity leading to an outpouring of excitotoxic substances which result in varying degrees of brain injury. ***“Unfortunately, this knowledge has not yet filtered out to vaccine policy makers, pediatricians, or parents”,*** says Dr. Blaylock. (6,7,8,9)

A tragic emblem of the arrogance of mainstream medicine is its disregard for the intricate design of the infant brain and immune system. The belief that the sensitively programmed maturation of the child's physiology, the critical phases of brain growth, and gradual immunological development, can be manipulated by vaccines without consequence has resulted in an unprecedented health disaster.

As humans, our brain is what sets us apart from other species and enables us to interact and participate in our complex society, allows us to be creative beings, to be academically or scientifically proficient, to be artistic and musical, and able to choose our direction in life. There are infinite ways in which we are given the opportunity to manifest our individual gifts and capabilities.



When the infant's brain is protected from toxic assault and is optimally nourished, the critical windows of brain growth are able to unfold in the species-specific sequences that make us uniquely human.

As parents, we are charged with protecting our children from accidental and environmental assault. To do this, it is necessary to examine the recommended health policies currently imposed on the global population. We must ask whether these policies are helping or harming our children?

**Protecting and nourishing the baby's brain  
is essential for the development of the child's full potential.**

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## Breastfeeding – The Living Immune System

So what can we do to protect our children's health? How can we insure the development of a strong immune foundation and normal brain growth? Without question, the most important protective measure is **breastfeeding**. Breastfeeding provides optimal protection to your infant during the first two years of life - the period when the brain and immune system are rapidly growing.

Unfortunately, new parents are not told that they already have access to the most effective immunological protection and brain enhancement for their babies. Breastfeeding provides the perfect food to insure the best health outcome, which will serve your child for life.



Breast milk provides the infant brain with the specific micro-nutrients needed to insure optimal neural development and intelligence. Breastfeeding endows the child with a **living immune system** capable of protecting the baby from many infectious diseases. It is a living fluid, rich in immune cells, which engulf and destroy pathogens and provides the baby with the appropriate and specific antibodies to fight infections. Breast milk contains stem cells that can repair invisible harms that may occur during illness, high fevers and vaccine induced injuries.

For the human infant, survival and optimum health are determined by a strong immune foundation, which protects from diseases and supports ease of recovery when illness occurs. Breastfeeding endows the baby with a unique and highly protective immune ecology, reducing the risk of allergies, asthma, diabetes, ear infections and SIDS (sudden infant death). Breast milk protects from pathological germs such as E.coli, polio, rotaviruses, pneumococcal organisms, C. diphtheriae

toxin, Haemophilus influenzae, N. meningitidis, Salmonella (6 groups), C. tetani, otitis media, bacteraemia, bacterial meningitis, botulism, urinary tract infections, and much more. Swedish researchers have recently discovered that breast milk kills cancer cells. (12,13,14)

Breastfed babies have the advantage of a **hugely reduced** risk of contracting serious illnesses in the first year of life. Medical researcher Dr. Alan Cunnigham, MD and many others have found that when compared to bottle-fed babies, breastfed babies have a more than **12 fold reduced risk** of contracting infectious diseases, particularly respiratory and gastrointestinal diseases - the big killers during infancy. (11)

Even though the infant is born with an immature immune system, nature has provided breastfeeding as a sophisticated living immune system, which responds to pathogens the baby is exposed to and provides specific antibodies and protective enzymes. Breast milk is constantly changing, responding to the baby's developmental needs, stages of growth and pathogens he/she encounters. (12)

Breastfeeding is **the** crucial immunological bridge which insures that the new baby has the following: a plentiful supply of the first line of defense against infectious organisms known as cell mediating secretory IgA; tremendous amounts of live cells called macrophages which search out, engulf and destroy viruses and bacteria the baby may be exposed to; and a highly complex enzyme system that provides appropriate nutrients which also functions in multiple immune capacities.

A foetus receives antibodies acquired by its mother from infections she's previously had. After birth, breastfeeding provides multiple immune factors and optimum nutrition to the baby's body and brain. **Breastfeeding is so exquisitely refined that it continually changes and adapts to the baby's needs as they change.**

When mothers breastfeed, they can be confident they are providing their babies with the finest balance of nutrients for optimal brain growth, complimented by unparalleled immune system protection. Mothers know their breastfed babies are getting the best possible start in life. This confidence empowers them to know they are the primary healer in the family with the wisdom and intelligence to make the best health care choices for their children.

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## How to Minimize the Risk of Vaccine Damage

1. Do your homework. **Become informed** of the risks and dangers of vaccinations.
2. **Evaluate** whether the risk of contracting the illness is higher than the risk of long-term damage by the vaccine.
3. If you do decide to vaccinate your children, consider **delaying** for as long as possible. Some medical doctors recommend waiting at least two years.
4. **Breastfeed** your infant. Breastfeeding makes your child stronger. Infant formulas cannot provide the same nutritional benefit as mother's milk and is inadequate to support your infant's immune system when it is challenged by vaccinations.
5. Never vaccinate when your child is **sick**.
6. Refuse shots that have **thimerosal** (mercury) as a preservative.
7. **Refuse multiple vaccines** given on one day.
8. **Space out the shots**. Monitor your child's response to each shot.
9. Don't continue to vaccinate if your child has had a **reaction** to a prior shot.
10. Do not vaccinate anyone who is suffering from heavy **chemical exposures**.
11. Consider **homeopathic immunizations** instead. Consult a Naturopath.
12. **Trust your intuition**. You know your child. If it doesn't feel right, don't do it.
13. **Do not be pressured** into vaccinating your child because it's the "recommended schedule". Remember, vaccines are voluntary in most provinces, and exemptions exist in the remaining provinces.
14. **The fewer vaccines, the better**. Research shows the risk of damage increases with the number of vaccines given and the earlier they are given.

## **Books, DVDs & Resources**

A short list of current books and DVDs to assist in becoming better informed on the vaccine issues.

### **Dissolving Illusions** – by Suzanne Humphries MD, Roman Bystrianyk

**Dissolving Illusions** details facts and figures from long-overlooked medical journals, books, newspapers, and other sources. Using myth-shattering graphs, this book shows that vaccines, antibiotics, and other medical interventions are not responsible for the increase in lifespan and the decline in mortality from infectious diseases.

### **Vaccines – Are They Really Safe and Effective?** - by Neil Z. Miller

This bestselling immunization handbook (updated 2012) evaluates each vaccine for safety, efficacy, and long-term effects. It contains the most comprehensive, up-to-date, uncensored data available -- information that many doctors don't even know. It includes the most recent studies, several case histories detailing vaccine-induced damage to children, and pinpoints for parents exact conditions that may put their own child at high risk. In addition, health alternatives are offered, along with legal options to mandatory shots. It contains 30 graphs and diagrams plus more than 900 footnotes and scientific references so that all of the information may be confirmed. Helps concerned people make wise and responsible decisions.

### **Saying No to Vaccines** – by Sherri J. Tenpenny

The most comprehensive guide explaining how and why vaccines are detrimental to your and your child's health. Dr. Tenpenny is an Internationally recognized expert and the first physician to offer documented proof that vaccines do compromise the immune system. Dr. Tenpenny has the courage and the determination to express a minority view, substantiating her work with citations directly from Centers for Disease Control (CDC) documents and respected, peer-reviewed journals, offering irrefutable facts that fly in the face of information generally regarded as truth in traditional medical circles.

### **Immunization – The Reality Behind the Myth** – by Walene James

The only book that explores the vaccination issue from political, ethical, psychological, aesthetic, and spiritual perspectives. The author's controversial position is supported throughout the book by the scientific discoveries of researchers who have received little recognition in orthodox medical literature. This new, completely revised edition shows: how vaccinations damage the immune and nervous systems, the vaccine-drug-AIDS connection, how to become propaganda-proof, and how to develop new paradigms of health and preventive medicine.

## **Vaccine Illusion** – By Tetyana Obukhanych

Due to the growing number of vaccine safety concerns, our society has been polarized into vaccine advocates and vaccine opponents. However, in the debate over vaccine safety, we have lost sight of a bigger problem: how vaccination campaigns wipe out our herd immunity and endanger the very young. Written by an immunologist, **Vaccine Illusion** explains why vaccines cannot give us lasting immunity to infectious diseases and how they jeopardize our natural immunity and overall health.

## **Vaccine Epidemic** – edited by Habakus, Holland, and Rosenberg

Public health officials state that vaccines are safe and effective, but the truth is far more complicated. Vaccination is a serious medical intervention that always carries the potential to injure and cause death as well as to prevent disease. Coercive vaccination policies deprive people of free and informed consent—the hallmark of ethical medicine. Americans are increasingly concerned about vaccine safety and the right to make individual, informed choices together with their healthcare practitioners. **Vaccine Epidemic** focuses on the searing debate surrounding individual and parental vaccination choice in the United States.

## **DVDs**

### **The Greater Good**

An excellent documentary that increases awareness of the vaccine controversy. The film highlights personal stories of vaccine injuries and includes interviews with scientists and medical doctors on both sides of the issue. The film is a powerful educational tool for anyone wanting to spread the truth about the vaccine issue. ([www.greatergoodmovie.org](http://www.greatergoodmovie.org))

### **Homeopathic Options** – Health Action Network Society

A valuable seminar for those considering this complex health decision. Learn about safe and effective disease prevention programs. Make confident, informed decisions for your family's health.

- What is a healthy immune system?
- What is a vaccine and what is in the shot?
- What is the Homeopathic Immunization Protocol?

For those of us feeling concerned as we hear more and more media scares about the dangers of upcoming flu pandemics, becoming educated about immune systems, the flu shot and the Homeopathic Immunization Protocol might help ease many fears and aid in decision making. ([www.hans.org](http://www.hans.org))

**The New Parent Guide** is available for purchase singly or in bulk. Please contact us for details about price and shipping: [info@vaccinechoicecanada.com](mailto:info@vaccinechoicecanada.com)

**More books and resources available at our online Amazon affiliated bookstore: <http://astore.amazon.com/v0fef-20>**

## Recommended Vaccine Schedule (British Columbia)

The recommended vaccine schedule varies depending upon province. Below is the recommended vaccine schedule for a child born in British Columbia in 2014. For the Canadian vaccine schedule follow the link below: <http://vran.org/about-vaccines/specific-vaccines/canadian-infant-vaccination-schedule-2/canadian-infant-vaccination-schedule/>

### 2 months old (9 vaccines)

- **DTaP-HB-IPV-Hib:** Diphtheria, Tetanus, Whooping Cough, Polio, Hib, Hepatitis B
- **Men-C:** Meningococcal disease
- **Pneu-C-13:** Pneumococcal disease
- **Rot:** Rotavirus

### 4 months old (8 vaccines)

- **DTaP-HB-IPV-Hib:** Diphtheria, Tetanus, Whooping Cough, Polio, Hib, Hepatitis B
- **Pneu-C-13:** Pneumococcal disease
- **Rot:** Rotavirus

### 6 months old (7 vaccines)

- **DTaP-HB-IPV-Hib:** Diphtheria, Tetanus, Whooping Cough, Polio, Hib, Hepatitis B
- **\*Influenza:** The flu

### 12 months old (7 vaccines)

- **\*Influenza:** The flu
- **Men-C:** Meningococcal disease
- **MMR:** Measles, Mumps, Rubella
- **Pneu-C-13:** Pneumococcal disease
- **Varicella:** Chicken Pox

### 18 months old (6 vaccines)

- **DTaP-IPV-Hib:** Diphtheria, Tetanus, Whooping Cough, Polio, Hib
- **\*Influenza:** The flu

### 4-6 years (12 vaccines)

- **DTaP-IPV:** Tetanus, Diphtheria, Whooping Cough, Polio
- **\*Influenza:** The flu
- **MMR:** Measles, Mumps, Rubella
- **\*\*Varicella:** Chicken Pox

**Total Vaccines to Age 6: 49 vaccines**



## **Vaccine Choice Canada Membership**

Membership to Vaccine Choice Canada is by donation.

By joining **VCC** you receive our internationally acclaimed newsletter published twice a year. Each 28 page newsletter offers cutting edge articles by medical professionals, researchers and diverse commentaries on vaccine issues.

New members receive a comprehensive information package. As well members have privileged access to our newsletter archive reaching back to 1994.

Your membership helps us continue our educational work as well as maintain an international presence as a consumer watchdog group.

We suggest a donation as follows:

### **Annual Membership**

**Individual/Family – \$35.00 per year**

**Professional - \$75.00 per year**

## **Vaccine Choice Canada**

Vaccine Choice Canada is a volunteer-managed organization. For more information about supporting Vaccine Choice Canada or assisting our activities, contact information is available below.

### **Contact us at:**

P.O. Box 169

Winlaw, BC

CANADA V0G 2J0

Email: [info@vaccinechoicecanada.com](mailto:info@vaccinechoicecanada.com)

Web: [www.vaccinechoicecanada.com](http://www.vaccinechoicecanada.com)

## **Association for Vaccine Damaged Children**

Email: [tjames4@shaw.ca](mailto:tjames4@shaw.ca)

For a list of parents willing to share their vaccine related experiences, please contact Vaccine Choice Canada.